

CEE Bulletin on Sexual and Reproductive Health and Rights

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BURNING ISSUE

15 years of ASTRA Network

ASTRA Network celebrated its 15th anniversary in October. Among activities was raising its visibility in social media, an annual and anniversary meeting in Plovdiv in Bulgaria and the short film about ASTRA and its story - "15 years of ASTRA".

This informal network of organisations from Central and Eastern Europe was established in December 1999 by women's rights organisations and activists from this region. ASTRA advocates for the full implementation of sexual and reproductive health and rights (SRHR) with special focus on specific reality of SRHR of women in Central and Eastern Europe. It also aims at the prioritisation of SRHR on international, regional and national agendas, in particular in the EU and UN institutions. The Network works towards transforming gender power relations in society so that women, girls, men and boys can enjoy their human rights, especially sexual and reproductive rights, and are equal, free

and live in dignity. These activities would not be possible without the dedicated member organisations and their representatives and all the people, agencies and donors who have supported ASTRA throughout the years. Currently ASTRA encompasses 39 member organisations from 21 countries of Central and Eastern Europe, Balkan and Caucus countires as well as Central Asia. ASTRA Secretariat is hosted by its Polish member organisation, Federation for Women and Family Planning in Warsaw, Poland.

The strategic and anniversary meeting and workshop was convened in Plovdiv, Bulgaria on October 12-13 and co-hosted by <u>Gender Alternatives</u>. During the two days of the gathering ASTRA participants discussed the challenges and opportunities they experience in their daily work on national level and exchanged information on the condition of civil society organisations. Representative of the <u>European Consortium for Emergency Contraception</u> talked about the availability of emergency contraception in the region. The know-how on ways to transfer the advocacy at international level to the local grounds was presented by representative of the <u>Center for Reproductive Rights</u>. Gender Alternatives Executive Director delivered a presentation on how to use the CEDAW convention for women's rights protection.

On the occasion of 15th anniversary ASTRA members also contributed online by submitting photographs to the online photo album.

Watch the film on You Tube



REGIONAL UPDATES

Training Course on Development and Implementation of Clinical Guidelines in Sexual and Reproductive Health in Moldova

The Regional Training Course on Development and Implementation of Clinical Guidelines in Sexual and Reproductive Health was organized by the Reproductive Health Training Centre (RHTC), ASTRA member, on September 7-11, 2015, in Chisinau in the Republic of Moldova. The course was organized with the support of the UNFPA Regional Office for Eastern Europe and Central Asia, in the framework of UNFPA Regional Initiative for Reproductive Health Practice Guidelines in Europe Eastern Europe and Central Asia and East European Institute for Reproductive Health, Romania.

Since 2015 RHTC is the coordinating organization of the Regional Training Center on Development and Implementation of Clinical Guidelines and Protocols on Reproductive Health (for details click here). Representatives of Ministries of Health of Belarus, Georgia, Kazakhstan, Kyrgyzstan, Turkmenistan, Tajikistan and Moldova attended the event.

Regional Course's aim is to support stakeholders in countries of Eastern Europe and Central Asia to establish a systematic approach to clinical guideline development/adaptation/implementation within a national program on quality improvement. The course was facilitated by academic and health professionals from Moldova trained by Royal College of Obstetricians & Gynecologists, UK (RCOG) experts as master trainers on Clinical Guidelines development, adaptation and implementation for East European and Central Asia region. The course is useful to policy makers, program managers and health care professionals who are interested in developing /adapting and implementing clinical guidelines/protocols. This year, for the first time, country presentations were introduced, prepared by participants to highlight the situation in their countries on developing and implementing clinical guidelines on sexual and reproductive health.

With the purpose of continuity and sustainability, based on accumulated knowledge, delegations from each country developed a national action plan to improve the process of developing, adapting and implementing clinical guidelines/protocols, including actions for accreditation and institutionalization of the regional course at country level.

For more information, please click <u>here</u>.

Source: Reproductive Health Training Centre

Series of TV programs devoted to sexual and reproductive health and rights in Armenia

Women's Rights Center organised series of television shows in different regions of Armenia. The first show was broadcasted on 28th of September. The second and the third TV shows were organised in Lori and Kotayk regions which will be broadcasted by Fortuna and Hrazdan TV Channels in October. The shows were in Questions & Answers format.

Dr. Avagyan, the Head of Maternal and Reproductive Health Department of the Ministry of Health of the RA, Dr. Aram Avalyan, the Head of the Department of Gynecology & Obstetrics of Maternity Hospital of Lori marz and Vanik Adamyan, the doctor of the department of postpartum care of Kotayk marz took participated in the programmes.

In both marzes Dr. Avagyan underlined that reproductive and sexual health is the base of healthy family and mentioned that the Ministry of Health is developing strategy on improving the reproductive and sexual health and rights. Speaking about safe methods of pregnancy termination doctors recommended to apply for doctor's consultation and to follow their advice. They also reminded that 3 years ago Medical Abortion project was implemented in some regional Maternity Hospitals, and all the abortions done within this project were successful. They also presented the new Clinical Guideline which provides detailed definition of medical abortion method in the first and second trimester to the audience. Dr. Avalyan mentioned that the Maternity Hospital of Vanadzor is able to provide any kind of medical aid to pregnant women and the hospital has all the appropriate

guidelines and materials to deliver medical aid in medical abortion. He also presented the situation in Kotayk marz. He focused attention on national ideology of having a lot of children and called attention to the fact that even one child is essential for Armenian people. He said that they have all the specialists, guidelines and required resources to provide the reproductive health in their region he also presented the possible ways of pregnancy termination and mentioned that they also provide medical termination of pregnancy.

Doctors mentioned that women should regulate their reproductive health in order to have desired number of children and in case of abortion they focused point on choosing safe methods of terminating pregnancy. To close the program doctors noticed that, nowadays, young pairs are more attentive at their reproductive and sexual health than before.

Doctors encouraged women to protect their reproductive and sexual health and rights and in case of terminating pregnancy to choose safe abortion method.

Source: Women's Rights Center

Regional High Level Dialogue on successful transition to domestic funding of HIV and tuberculosis response in EECA

Participants of the Regional High Level Dialogue on Successful Transition to Domestic Funding of HIV and TB Response in EECA, which took place in Tbilisi, Georgia, on 28-30 September 2015, have agreed to work together in creating and implementing national transition plans from donor to national funding of HIV and tuberculosis (TB) response as well as ensuring the accountability of all stakeholders in the implementation of these plans. High-level ministerial representatives of the EECA countries, international donor organizations, and civil society activists have concluded the event by adopting the resolution on shared responsibility and partnership ensuring the prevention and care of HIV and TB in the region of EECA.

The Regional Dialogue has gathered 320 delegates from 31 countries who spent three days of intensive discussions on the issues of funding for universal access to prevention, treatment and care of infectious diseases, impacts of drug policies on public health and safety, access of people who inject drugs to medical and social services, as well as ensuring civil society engagement in decision making processes.

Source: Euroasian Harm Reduction Network

Solidarity Network for LGBTI in Armenia and Georgia

In the frames of "Solidarity Network for LGBTI in Armenia and Georgia" project, Society Without Violence NGO in partnership with Women's Initiatives Supporting Group (WISG) and Human Rights Education and Monitoring Centre (EMC), Georgia; and PINK Armenia enhances the respect, protection and promotion of LGBTI rights, as well as fosters the inclusion of LGBTI people and elimination of homophobia through creation of LGBTI friendly environment. In the current phase of the project SWV conducts a baseline assessment on legal and physical conditions of LGBTI people in

Armenia. The passing month was strategically important, as the outline of the report was finalized and among other topics, the right to healthcare of LGBTI people in Armenia was incorporated into the report. As the research with all findings will be available in December and the researchers still work on the final product, the detailed findings about the particular aspects of sexual and reproductive health and rights of LGBTI people will be ready in the second half of November.

Source: Society Without Violence

Conservatives command majority in Polish Parliament

During the elections in Poland the conservatives secured decisive win. The Law and Justice (PiS), which was in opposition for the last eight years, won 235 seats in the 460-seat lower house of Parliament, giving it a majority in the House. The ruling Civic Platform, which was defeated by 13 percentage points (37.6 to 24.1 per cent of the vote) will be the largest opposition grouping, with 138 seats. Kukiz'15 of rock-musician Pawel Kukiz has 42 seats, Nowoczesna, formed by the economist Ryszard Petru – 28, and the Polish People's Party – 16 seats. According to the Polish electoral system, one seat goes to a representative of the German minority in Poland. The result of the election marks the biggest victory for a single party since the collapse of communism in 1989. Never in the past was a winning party able to govern alone. The State Electoral Commission has announced that the turnout in Sunday's elections was 50.92%.

The Law and Justice candidate for Prime Minister, Beata Szydło, is in favour of a total ban of abortion and punishments for in vitro procedures. She, along with the Law and Justice, is also a strong opposer of the Council of Europe Convention on preventing and combating violence against women and domestic violence (Istanbul Convention).

Source: TheNews.pl

GLOBAL UPDATES

Human rights experts issue joint statement on need to address safe, legal abortion in UN 2030 Agenda

In September the UN General Assembly adopted its 2030 Agenda for Sustainable Development, which includes 17 global sustainable development goals (SDGs) such as to eradicate poverty, take urgent action on climate change, and promote health and gender equality for global cooperation over the next 15 years. The SDGs take a multi-sectoral approach to development. Access to safe abortion care can be linked to several 2030 targets within the SDGs such as universal sexual and reproductive rights and gender equality and the SDGs around poverty, education, inequality, economic growth and justice.

However, in a joint statement, UN and regional human rights experts expressed deep regret that the SDGs do not go far enough. These experts—rapporteurs on specific human rights issues of the UN

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Human Rights Council, the Inter-American Commission on Human Rights and the African Commission on Human and Peoples' Rights—joined together for the first time in making the statement. They stated that criminalization of abortion is discriminatory and called on governments to "remove punitive measures for women who undergo abortion, and at the very minimum, legalize abortion in cases of sexual assault, rape, incest, and where the continued pregnancy endangers the mental and physical health of the woman or the life of the woman."

The experts emphasize that sexual and reproductive health and rights are based on universally accepted human rights standards, as codified in international and regional treaties, as well as in international political consensus documents.

"The SDGs are just a starting point," says Patty Skuster, Senior Policy Advisor at Ipas. "The experts' statement reinforces that access to safe abortion is an established human right and an international development priority."

Read the statement <u>here</u>.

Source: <u>IPAS</u>

YOUTH

The Battle of Ministries: Romanian Sex Ed is Vividly Debated

The Ministry of Health in Romania supports the introduction of compulsory sex education in schools, as mentioned in the official response to the joint letter signed by 60 SRHR —focused NGOs in Romania. Furthermore, the Ministry promised to organize working meetings with the representatives of the Ministry of Education with the purpose of developing a long-term strategy for providing health education. The Ministry also expressed appreciation for the NGOs engagement in providing proper information on sexuality, taking into consideration Romania's high adolescent birth rates, one of the highest in Europe. The Ministry believes that introducing compulsory health education can contribute to the prevention of STIs on both individual and collective levels.

The letter to Romanian decisionmakers was a result of the advocacy efforts carried out by a coalition of over 60 SRHR-focused NGOs. The initiative, named 'Urgent call for sexuality education in schools', demanded the introduction of compulsory sex ed in the national curriculum. This initiative was developed by the Coalition for Gender Equality and the Association Sex versus Stork. The call was endorsed by various Romanian institutions, including the Romanian Youth Council and the National Alliance of Student Organizations.

The letter also received the opposition of 18 Christian-orientated associations, among them the Association of Parents for Religion. Reacting to the letter, the conservative groups demanded the Ministry of Education 'to protect the right of the family in front of those who want to impose compulsory sex education'. They also warned that 'Sexuality is a natural predisposition that can be easily instrumentalized through ideological discourse and thus fall under the control of foreign interests, at which point it becomes destructive'.

On the other hand, at the beginning of the month, The Romanian Ministry of Education told the press that he has no intention to introduce compulsory sex ed in the national curriculum. The Ministry insisted that the already existing optional subject "Education for Health" covers enough aspects of human sexuality. The Ministry motivated his decision by affirming that a compulsory sex ed class would overload the students' daily schedule thus making it impossible for young people to "understand anything at all".

Source: Activenews.ro, Hotnews.ro, ASTRA Youth

The International Day of the Girl: activities in Armenia

On the occasion of the International Day of the Girl, celebrated on 10th October worldwide, Armenian ASTRA Youth member Society Without Violence has published the article, exploring the consequences of hindering access to sexual and reproductive health and rights in Armenia. Main issues discussed are lack of sexuality education, limited usage of and access to modern contraception and persistence of harmful attitudes towards girls' and women's sexuality. This negligence of women's and youth rights contributes to high rates of teen pregnancies in Armenia and resorting of girls and women to clandestine and unsafe abortion procedures. The full article is accessible here.

Along with the article, SWV volunteers have created a video 'We-girls bring our reality'. In the video, girls present most pressing women's rights and social issues in Armenia, including SRHR issues, and promote the importance of education and empowerment of girls and women to build a brighter society. They also urge women to break the silence in order to have their rights respected and protected.

Source: Society Without Violence

Meeting with the Ministry of Health of Lithuania and poster exhibition opening

Family Planning and Sexual Health Association of Lithuania attended the meeting with the Ministry of Health of Lithuania on 7th of October. During the meeting Association's exhibition of posters was presented and youth volunteers had an opportunity to talk about their position on SRHR of young people. Youth group representatives together with Ministry of Health Rimantė Šalaševičiūtė had a discussion about some of the most problematic SRHR aspects: prices of the sexually transmitted diseases' tests, contraception accessibility, long waiting time of consultation with specialist and medical staff skills on working and communicating with young people. Ministry of Health agreed on some aspects of problems and that it has to be solved. She promised to work on these rights as much as she can, to create at least a possibility on improving SRHR for youth.

Source: FPSHA, ASTRA Youth

The report on access to gynaecological care services in Poland

Ponton Group of Sex Educators has released an English version of the report concerning reproductive health services, specifically the quality of gynaecological care in Poland, being a part of the campaign 'Safe Chair? Campaign for a good gynecological care'. In 2014 Ponton conducted the online survey to discover the experiences and identify expectations of girls and women: those who regularly have gynaecological consultations, those who have had it once and those who haven't had any yet. Over 2500 girls and women filled the survey, including LBTQ persons and persons with disabilities. The report discusses reasons given for avoiding visits; factors determining the choice of a doctor as well as attitudes of gyneacologists toward patients.

Read the full report here.

Source: Ponton Group of Sex Educators

New educational platform on sexual health

Sexual Health Switzerland has developed the education platform, providing comprehensive information on sexual health. The topics covered include contraception, pregnancy, sexually transmitted infections and functioning of female and male genital organs.

The website is accessible in over ten languages, and all the information provided can be printed as factsheets.

To find out more, visit the platform <u>here</u>.

Source: Sexual health info

UPCOMING EVENTS

International Conference on Family Planning

The 2015 International Conference on Family Planning will take place on November 9 – 12 in Bali, Indonesia. It will be co-hosted by the National Population and Family Planning Board of Indonesia (BkkbN) and the Bill & Melinda Gates Institute for Population and Reproductive Health at Johns Hopkins Bloomberg School of Public Health. This year's conference is expected to draw the largest number of attendants yet, and the ICFP will help shape and influence the role and contributions of family planning in attaining the new Sustainable Development Goals. The theme for 2015 is Global Commitments, Local Actions. Each day of the conference will feature a plenary session focused on a different track theme. The tracks will feature issue-oriented themes, such as: addressing youth needs and involvement; rights and quality of care: true improvements or lip service; the demographic dividend: how south-to-south exchanges can help its realization; implementation best practices (IBP); advancing FP through faith organizations; FP2020 progress and challenges; innovations in financing (GFF, Universal Health Care); and accountability and advocacy.

Source: http://fpconference.org/2015

EuroNGOs international conference in Oslo

On 3-4 November the annual EuroNGOs conference will take place in Oslo, Norway and will be hosted by Sex og Politikk, The Norwegian Association for Sexual and Reproductive Health and Rights. As the first major civil society-led convening event following the adoption of the post-2015 development agenda, the EuroNGOs International Conference will contribute to the discussion and identify ways in which sexual and reproductive health and rights advocates can work together within the new agenda, while also pushing for the expansion of the components of the SRHR envelope that have been left aside.

Every year for over a decade, EuroNGOs has held annual conferences hosted by one of its member organizations in different European countries. These gatherings are known for being leading fora bringing together bright minds and leaders working on sexual and reproductive health and rights to discuss a wide range of idea-focused subjects, and provoke conversations that matter.

The conference is open to EuroNGOs members and partners, activists, policy makers and like-minded stakeholders from across the world working on sexual and reproductive health and rights. External experts and leading thinkers from outside the SRHR community have been invited to provide additional stimuli and new perspectives.

On 2nd November, EuroNGOs will co-host a one day strategy workshop for members and partners who are attending the conference in Oslo. The aim of the workshop is to develop joint understanding and nurture collective strategic thinking around selected issues of relevance for sexual and reproductive health and rights advocates working at the European and international levels. This one day workshop is titled "Strategising and moving forward beyond 2015" and is designed around three consecutive sessions focusing on issues which are high on the agenda for sexual and reproductive health and rights advocates in Europe and beyond, including: Sexual rights in the European political landscape; Climate change and Financing for Development.

Source: <u>EuroNGOs</u>

Implementation of the United Nations 2030 Sustainable Development Agenda in Europe

Conference on implementation of the SDGs in Europe will take place on 12-13 November in Brussels. With 17 Sustainable Development Goals addressing all cross-cutting issues faced by human societies, this new agenda goes beyond the previous Millennium Development Goals: all countries, including developed European countries, are now called upon to act and speed up transition towards greener, fairer, more inclusive development patterns by 2030. Europe's responsibility and contribution to the full implementation of the new agenda will be at the centre of the first conference day. It will provide a forum for a discussion between political decision-makers and civil society about governance mechanisms required for a successful, transformative action in the EU as well as in the wider European region while giving civil society a strong role in monitoring the SDGs' implementation. The conference will be combined on the second conference day with the 2015 UNEP Regional Consultation for Europe with Major Groups and Stakeholders from the region to contribute with their positions to the preparation of the second session of the United Nation Environment Assembly

in May 2016 which will focus on delivering on the environmental dimension of the 2030 Sustainable

Development Agenda.

Full programme of the event is available <u>here</u>.

Source: <u>European Economic and Social Committee</u>

VoxFeiminae Festival in Croatia

Sexual and reproductive rights of women on November the 6th as a part of this years' VoxFeiminae Festival in Zagreb, Croatia. "Vessel", the film on life and work of a feminist activist Rebecca Gomperts

Members of CESI - Center for education, counseling and research from Zagreb will hold a panel on

will be screened on November the 7th. It will be followed by the discussion about the movie and abortion accessibility in general, moderated by the members of CESI and Znaj znanje, an independent

initiative that tackles SRHR in Croatia. Both events are taking place at The Cultural and Information

Center (KIC) in Zagreb.

Sexual and reproductive rights of women are under special scrutiny and more or less subtle attacks

by the recently strengthening of right wing currents throught Europe. The ninth Vox Feminae Festival consider important to problematize the question of control of women's bodies and abortion as a crime, and the impact that Catholic Church has in defining social attitudes. In this context, the

theme be discussed by the representatives of notable NGOs, initiatives and members of medical

associations who promote responsible conscientious objectivism in this matter.

About the Festival: this years' theme is "Women Criminals" and our mission is to analyse the position

of women prisoners in Croatia and problematize the subjects of abortion, femicide and violence against women, sex work, as well as the overall issue of control over the female body that is

excercised trough a variety of actions that are percieved as crimes – but only if taken by a woman.

Besides dealing with heavier social topics and problems, the ninth Vox Feminae Festival traditionally

brings an eclectic film program which is specially boosted this year, thanks to the screenings of perspective Croatian women directors which will appear as part of a special program "Women with

Video Cameras".

A special place in this year's festival program is reserved for two art performances. At the festival

opening on November 3rd the audience will be able to participate in "This woman is called Jasna 07: Shadows", a performance by Nicole Hewitt, while two days later there will be an art performance by

Adela Jušić: "Silk Lavender Shirt". Both performances were selected in the competition for the artistic program of this years' festival, and they present the culmination of VF platform in strengthening the

local gender awareness and socially engaged artistic productions.

Entry to all events of the ninth Vox Feminae Festival is free. For additional information follow the

<u>facebook event</u>, VOXfeminae <u>facebook page</u> and <u>Voxfeminae.net</u> web portal.

Source: CESI

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PUBLICATIONS

WHO Global standards for quality health-care services for adolescents

WHO and UNAIDS developed new Global standards for quality health-care services for adolescents,

aiming to assist policy-makers and health service planners in improving the quality of health-care services so that adolescents find it easier to obtain the health services that they need to promote,

protect and improve their health and well-being. The document consists of five separate parts:

standards and criteria, implementation guide, guidelines on tools to conduct surveys, policy brief and

scoring sheets for data analysis.

The document is accessible here.

Source: WHO

The policy brief on sexuality education

UNFPA EECA Regional Office has published the policy brief on sexuality education. The brief focuses primarily on sexuality education in Europe and Central Asia, but is also relevant to countries outside

of these regions. It provides a summary of the history of sexuality education introduction within Europe and presents benefits of the subject's implementation. The brief also deals with myths

regarding sexuality education and explores how it is incorporated into human rights framework.

The brief is accessible <u>here</u>.

Source: <u>UNFPA EECARO</u>

Onward to 2030: Sexual and Reproductive Health and Rights in the Context of the Sustainable

Development Goals

the next 15 years, were formally adopted at a United Nations summit in September 2015. The SDGs will, to a significant degree, drive the allocation of global resources and determine policy priorities between now and 2030 on a range of important issues—including sexual and reproductive health and rights (SRHR). A new analysis published in the Guttmacher Policy Review lays out the historical

The Global Goals for Sustainable Development, which will define the global development agenda for

context and significance of the SDG process for SRHR. The analysis also calls on governments and other stakeholders to embrace the SDGs and lays out various indicators that can be used at the

global and national levels to measure progress toward achieving goals related to SRHR—and even to

advance SRHR beyond what is outlined in the new development goals.

Source: <u>Guttmacher Institute</u>

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EIGE's 2015 Gender Statistics Database

European Institute for Gender Equality Gender Statistics Database is comprehensive knowledge centre for gender statistics and information on various aspects of (in)equality between women and men. The main purpose of this database is to build a broad overview of statistics on gender, highlighting differences and inequalities between both sexes. It will support the measurement of whether, or to what extent, gender equality is de facto being achieved. It will also act as a reliable resource in formulation and monitoring of policies that are beneficial for both women and men and will facilitate making appropriate decisions towards the advancement of gender equality. The database contains gender statistics from all over the European Union and beyond, at the EU, Member State and European level. It is aimed at providing statistical evidence which can be used to support and complement the European Commission's Strategy on Gender Equality and support the Member States to monitor their progress.

<u>Direct Link for Full 4-Page 2015 EIGE Leaflet</u>

Source: **EIGE**

ASTRA Network Members: Albania - Albanian Family Planning Association; Armenia - Society Without Violence; Armenia - Women's Resource Center; Armenia - Women's Rights Center; Azerbaijan -Center "Women and Modern World"; Belarus - Women's Independent Democratic Movement of Belarus; Bulgaria - Bulgarian Family Planning and Sexual Health Association; Bulgaria - Bulgarian Gender Research Foundation; Bulgaria - Gender Education, Research and Technologies; Bulgaria -Demetra Association; Bulgaria - Gender Alternatives Foundation; Bosnia and Herzegovina - Sarajevo Open Center; Croatia - B.a.b.e.; Croatia - CESI; Croatia - Women's Room; Georgia - HERA XXI; Georgia - Real People, Real Vision; Georgia - Women's Center; Hungary - PATENT; Kazakhstan - The Legal Center for Women's Initiatives "Sana Sezim"; Lithuania - Family Planning and Sexual Health Association; Latvia - Latvia's Association for Family Planning And Sexual Health; Macedonia -Association for emancipation, solidarity and equality of women; Macedonia - H.E.R.A.; Macedonia -Shelter Center; Moldova - Family Planning Association; Moldova - Reproductive Health Training Center; Poland - Federation for Women and Family Planning; Romania - A.L.E.G.; Romania - AnA: Society for Feminist Analysis; Romania - Euroregional Center for Public Initiatives; Romania - The East European Institute of Reproductive Health; Russia - Novogorod Gender Center; Russia - Russian Association for Population and Development; Slovakia - Pro Choice; Tajikistan - Gender and Development; Ukraine - Women Health and Family Planning; Ukraine - Charitable SALUS Foundation; Uzbekistan - Future Generation

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